



Drop-in Arena Schedules

Children under 7 years must be closely supervised by someone 16+ years.

Helmets are required for ages 12 and under.

Last updated Mar 15

Schedules are subject to change without notice.

Sunshine Coast Arena

Effective Jan 6 to Mar 17, *except statutory holidays*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				9:00 - 10:30am Senior Drop-in Hockey		
					11:00am-12:30pm Everyone Welcome Skate	
				12:00-1:30pm General Drop In Hockey		2:00 - 3:30pm Everyone Welcome Skate
	3:30 – 4:45pm Pond Hockey / Stick & Puck		3:30 – 4:45pm Pond Hockey / Stick & Puck	1:45 - 3:15pm Low Coast Parent & Tot Skate		

MYPASS Activities

White boxes on schedule. Admission included with your valid MYPASS

Everyone Welcome Skate

Designed for all ages and abilities.

Parent & Tot Skate

Bring your preschooler in for fun on the ice. If there is room you may pass around a sponge puck. Seniors are welcome to join in on this skate.

Pond Hockey Ages 5 – 12

Try hockey without full gear in a safe, supervised environment. Helmets, skates and gloves are required. Foam pucks are used for games.

Stick & Puck Ages 13+

Same as pond hockey except for those 13 years and older.

Adult Slow Pace Skate

A skate designed for those who enjoy skating at a leisurely, slower pace.

Drop-in Hockey

Grey boxes on the schedule

Admission is not included with your MYPASS

Ages 13+ \$8.50

Ages 60+ \$7.50

Drop-in Hockey Ages 13+

Get your friends and family together for some good, clean, fun drop-in hockey. No body-checking, no slap shots. Equal ice time for everyone. Full hockey gear is mandatory.

Senior Drop-in Hockey

Ages 60+

Drop-in Admissions and Information about Passes: www.scrd.ca/fees-and-passes

	Senior 60+ years	Adult 19 – 59	Teen 13 – 18	Child 0 – 12
Skates / Pond Hockey	\$4.50	\$5.00	\$4.50	\$3.75
Drop-in Hockey	\$7.50	\$8.50	\$8.50	n/a



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Last updated Mar 15

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Sunshine Coast Arena – Dryfloor Programs

Effective April 6 to April 27

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					10:30am-12:30pm Drop In Pickleball	
					1:30-3:00pm Everyone Welcome Roller Skate	
		7:00-8:15pm Everyone Welcome Roller Skate (Low Cost)				

White boxes = [MYPASS](#) Activities Admission included in your valid MYPASS

Drop in Pickleball	Ages 13+	The fastest growing sport in North America! Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Come join in on the fun. Paddles are available for rent for \$1.
Everyone Welcome Inline/Roller Skate	All ages	Designed for all ages and abilities. A portion of the floor will be designated with cones for beginner skaters.

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	Senior 60+ years	Adult 19 – 59	Teen 13 – 18	Child 0 – 12
Skates / Pond Hockey	\$4.50	\$5.00	\$4.50	\$3.75
Drop-in Hockey	\$7.50	\$8.50	\$8.50	n/a