



Drop-in Arena Schedules

All ages welcome! Children under 7 years must be closely supervised by someone 16+ years.
Schedules are subject to change without notice. Sept 29th

Sunshine Coast Arena - ICE						
Effective: Oct 5 th to Dec 17. Subject to change. Closed Nov 11th						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
				10:45-11:45am Pond Hockey /Stick & Puck <i>Oct 22nd only</i>		
	3:30-4:45pm Pond Hockey/ Stick & Puck		3:15-4:30pm Pond Hockey/ Stick & Puck	1:45-3:15pm Everyone Welcome Skate	3:30-5:00pm Everyone Welcome Skate <i>Cancelled Dec 18th</i>	3:30-5:00pm Everyone Welcome Skate
Included in your MYPASS.						

Everyone Welcome Skate: Designed for all ages and abilities. A portion of the ice will be designated with cones for beginner skaters.

Pond Hockey Ages 5-12 years. A great way to try hockey without full gear in a safe, supervised environment. Helmets, skates and gloves are required. Foam pucks are used for games.

Stick & Puck Ages 13+. Same as pond hockey except for those 13 years and older.

Sunshine Coast Arena – Hockey						
Effective: Oct 6 to Dec 17 Subject to change. Closed Nov 11th						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
				9:00 -10:30 am Senior Drop-In Hockey 60+		
				12:00 -1:30 pm General Drop in Hockey		
Not included in your MYPASS.						

Drop-in Hockey (13+ years): Get your friends and family together for some good, clean, fun drop-in hockey. No body-checking, no slap shots. Equal ice time for everyone. Full hockey gear is mandatory. Goalies are free. Volunteer supervisors are required for each session. Please ask front desk about how to become a volunteer supervisor.

Senior Drop-in Hockey 60+ & 70+: Same guidelines as Drop-in Hockey apply, only just for those 60 + and 70+ years.

Admission to Arena

- Included in your **MYPASS**