



Parks and Fields Public Safety Plan

Transmission Risk of the COVID-19 virus

The COVID-19 virus is transmitted inside large liquid droplets when a person coughs or sneezes. It may also be transmitted via bodily fluids and when providing first aid treatment. With regards to droplets, here is some additional information:

- A droplet is considered large when it is visible to the naked eye.
- A large droplet is generally greater than 5 microns and is too heavy to float in the air for more than a short distance (less than 6' or 2m) and falls to the ground or horizontal surface.
- The droplet can enter through the eyes, nose or throat if a person is in close contact with a person who has the COVID-19 virus.
- A droplet can be spread by touch if a person has used their hands to cover their mouth or nose when they cough or sneeze and does not wash or sanitize their hands; however, the virus is not absorbed through the skin.
- The virus is not known to be airborne or transmitted by floating in the air. Only microorganisms less than the size of a dust particle can float in the air for long periods of time (up to three hours).

Eliminate and Reduce Exposure

The best way to protect yourself and others from exposure to COVID-19 is frequent hand washing, avoid touching your face with unwashed hands, maintaining a physical distance and practicing respiratory etiquette.

The following precautions should be taken at all locations:

- Maintain a minimum physical distance of two meters (approximately six feet) between persons
- Ensure adequate handwashing and washroom facilities are available or provide hand sanitizer
- Ensure regular sanitizing of high-touch surfaces, including vehicles
- Wearing a cloth or disposable mask may assist in reducing but not eliminating exposure

Determine Transmission Exposure Levels

Workplaces, such as hospitals, that require staff to have close contact with confirmed COVID-19 cases are at the highest risk of transmission exposure. Close contact with a confirmed COVID-19 patient is defined as:

- a) being within 2 meters (approximately 6 feet) of a confirmed COVID-19 case for more than 30 minutes in an enclosed space;

- b) caring for, or living with, a confirmed COVID-19 case;
- c) having direct contact with infectious secretions of a confirmed COVID-19 case;

In preparation for the restart of operations, health and safety measures have been developed to protect participants, staff and volunteers and to ensure that physical distancing is observed in all parks and fields.

Before you arrive:

To protect the safety of others, you must not participate in [activities](#) if:

- You have any of the following symptoms; fever or chills, cough, shortness of breath or difficulty breathing, body aches, headache, new loss of taste, loss of smell or sore throat
- In the last 14 days, you have been in close contact with someone who has a confirmed COVID- 19 diagnosis or probable case of COVID-19
- You have travelled outside of Canada within the last 14 days

If any of the above applies to you, please do not participate in activities in our facilities.

While using our facilities:

To protect the safety of others, please follow these steps to reduce the transmission of COVID-19:

- Monitor participants to adhere to provincial order of limiting gatherings to no more than 50 people
- At this time, spectators are not to be present at any SCRD sports field events.
- Masks will be worn by the public, staff and volunteers inside all related SCRD public facilities and buildings. The Provincial Health Officer has urged all British Columbians to be patient and compassionate, as not everyone is able to wear a mask for a number of reasons. There are a number of individuals with underlying medical conditions, psychological, behaviour, physical, cognitive, or mental impairments, which means it may not be feasible for some people to wear a mask.

<u>Age</u>	<u>Masks</u>
Under 2	Not Recommended
Age 2-11	Recommended
Age 12+	Mandatory

- Stay home if you are sick (even if you have a mild cold or any allergy symptoms)
- Hand washing is one of the best ways to minimize the risk of infection. Proper hand washing helps prevent the transfer of infectious material from the hands to other parts of the body—particularly the eyes, nose, and mouth—or to other surfaces that are touched.

- Arrive right on time or no more than 10 minutes prior, to the start of your activity to minimize waiting in common areas
- Stay a minimum of 2m (6ft) from others (except for household members)
- Avoid touching your face
- If you need to sneeze, cover your mouth using the bend of your elbow or a tissue. You are expected to follow cough/sneeze etiquette, which is a combination of measures that minimizes the transmission of diseases via droplet or airborne routes. Cough/sneeze etiquette includes the following components:
 - Educate in control measures, including hand washing.
 - Post signs at entry points to instruct everyone about control measures.
 - Turn your head and use the 'vampire method' into the crook of your elbow, covering your mouth and nose with a sleeve, or use a tissue when coughing or sneezing.
 - Use tissues to contain secretions, and dispose of them promptly in a waste container.
 - Offer masks, if available, to people who are coughing, or consider preventing admission into the building or directing them to depart the facility.
 - Wash hands regularly for at least 20 seconds with warm water and soap.
- Listen carefully to any instructions from SCRD Staff and follow them closely
- Avoid lingering after your activity, and leave the facilities as soon as your activity is over

Note to participants:

- A COVID-19 Staff Safety plan has been developed in accordance with WorkSafe BC requirements and orders issued by the office of the provincial health officer
- Clear COVID-19 signage, reminders and visual prompts implemented on site
- You may choose to wear a mask, if you wish
- Please take personal responsibility to ensure your own safety and that of your fellow participants
- Please be mindful and respectful of others by maintaining a safe physical distance before, during and after your program
- Please bring your own water bottle and fill the bottle at home as water fountains will remain off
- Any user groups found to have breached any of the provisions or protocols listed above will have their permit revoked immediately
- All user groups will notify the SCRD Manager of Recreation Services immediately in the event of a positive COVID-19 test result by a participant at Graeme.donn@scrd.ca or (604) 885-6801 Ext. 6861.