

## MYPASS Membership

Valid at all 5 SCRD Recreation facilities.

Includes MYPASS Drop In Fitness (Aquafit and Dry Land), Public Skate, Public Swim, Weight room, Raquetball and Squash courts.

Adult (19-59)	\$51.25 per month (min. 3 month commitment) 10 Visit \$63.00 Drop In \$7.00
Senior (60+)	\$43.75 per month (min. 3 month commitment) 10 Visit \$54.00 Drop In \$6.00
Child/Youth (18 yrs and younger)	\$99/*39 for 12 months 10 Visit \$47.25 (youth) Drop In \$5.25 (13-18yrs) 10 Visit \$38.25 (child) Drop In \$4.25 (1-12yrs)

\*If parent/guardian in same household has a valid MYPASS

## Pender Harbour Swim and Gym Membership

Valid only at the Pender Harbour Aquatic and Fitness Centre.

Includes swimming and gym use, **does not include** MYPASS drop in fitness.

Adult (19-59)	\$41.70/month (min. 3 month commitment) 10 Visit \$49.50 Drop In \$5.50
Senior (60+)	\$37.90/month (min. 3 month commitment) 10 visit \$45.00 Drop In \$5.00
Child (1-12)	10 visit \$33.75 Drop In \$3.75
Youth (13-18)	10 visit \$40.50 Drop In \$4.50
Family (up to 6 family Members, min. 1 adult, max 2)	10 visit \$90.00 Drop In \$10.00
Parent and Preschooler	10 visit \$58.50 Drop In \$6.50

### Low Cost Activities:

\$2 Toonie Tuesday 5-8:30pm \$5 Family Sunday 1-4pm



# Pender Harbour Aquatic and Fitness Centre



## Winter Schedule:

**Effective January 2 – March 31, 2020**

For more information:

Phone: 604-885-6866 Email: phaquatic@scrd.ca

For all Registered Programs visit the online guide:  
[www.scrd.ca/Recreation-Guide](http://www.scrd.ca/Recreation-Guide)

**13639 Sunshine Coast Highway, Madeira Park, BC**  
**Located on the lower level of**  
**PH Secondary School.**



**PHAFC Facility Winter Schedule: Effective , January 2- March 31, 2020**

The facility features a 20 - metre lap pool, hot tub, sauna, gym and weight room.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Facility opens at 1pm	7:30-9am Lengths *Hot tub & sauna only 9-10am	7:30-1pm Everyone Welcome Lengths & Public	7:30-9am Lengths *Hot tub & sauna only 9-10am	7:30-1pm Everyone Welcome Lengths & Public	7:30-9am Lengths *Hot tub & sauna only 9-10am	Facility opens at 10am
	10-10:45am 1 lane available Lengths		10-10:45am 1 lane available Lengths		10-10:45am 1 lane available Lengths	10am-1pm Everyone Welcome Lengths & Public
	11am-1pm Everyone Welcome Lengths & Public		11am-1pm Everyone Welcome Lengths & Public		11am-1pm Everyone Welcome Lengths & Public	Facility closes at 1pm
1-4pm \$5 Family Everyone Welcome Lengths & Public	1-5pm Closed	1-5pm Closed	1-5pm Closed	1-5pm Closed	1-5pm Closed	
Facility closes at 4pm	5-8:30pm Everyone Welcome Lengths & Public	**5-8:30pm Toonie Swim Everyone Welcome Lengths & Public	**5-8:30pm Everyone Welcome Lengths & Public	5-8:30pm Everyone Welcome Lengths & Public	5-8:30pm Everyone Welcome Lengths & Public	

\*There are no lanes or public swim available during the Monday, Wednesday or Friday morning 9am Aquafit program.

\*\*Hot tub & sauna available at 5, swim lanes available 5:30pm.

Everyone Welcome Swim: At least 1 lane available for length swimming. Sauna, and hot tub are available.

**Weight Room/Gym Hours:** Monday – Friday 7:30am-1:00pm and 5:00pm-8:30 pm Saturday 10:00am-1:00 pm Sunday 1:00 pm-4:00 pm.

**PHAFC MYPASS Winter Schedule: Effective January 6 – March 31, 2020**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dry Land/Gym Fitness	7:30-8:15am HIIT	9:30-10:30am Mix it Up	7:30-8:15am HIIT	9:30-10:30am Mix it Up	9:45-11:00am Hatha Yoga March 13 - May 29
			5:30-6:15pm HIIT		
Gym (10:45-11:15) and Pool (11:15-11:45)		10:45-11:45am Older Adult Keep Fit Land Meets Water		10:45-11:45am Older Adult Keep Fit Land Meets Water	
Aquafit/Pool Fitness	9-9:50am Aquafit		9-9:50am Aquafit		9-9:50am Aquafit
	10-10:45am Gentle Waves		10-10:45am Aquafit Shallow		10-10:45am Gentle Waves