



News Release

Recreation Update - Fitness Classes Resume

Sechelt, BC – January 25, 2022 – Following recent changes to Provincial Health Orders, the SCRDR will once again be offering drop-in and registered Fitness classes at recreation facilities. SCRDR recreation staff have been working hard to ensure classes can resume safely.

Starting Wednesday, January 26, drop in-classes such as spin and yoga will be available. A full list of drop-in classes can be [found here](#) on the SCRDR website and you can find [a printable schedule here](#).

Registered fitness programs will open for registration on Thursday January 27 at noon with classes starting on January 31. On Thursday January 27, participants can view and register [here](#), by phone with a credit card (604-885-6801) or in person at the Gibsons & Area Community Centre or the Sechelt Aquatic Centre.

Please note that in accordance with the most recent Provincial Health guidelines, there will be capacity limits on classes to ensure there is adequate spacing between participants. In addition to this:

- Participants must show proof of vaccination along with corresponding ID to take part in a class
- Masks are required indoors when not participating in a sport or while engaged in exercise (although masks are strongly recommended even during exercise).

Further information on recent changes to SCRDR recreation facilities can be [found in this news release](#).

The SCRDR appreciates the community's understanding at this time as staff work to implement health orders that have been set out by the Provincial Government. SCRDR management and staff do not have any involvement with these orders and subsequent closures. Any further changes to closures / cancellations will be communicated to the community as soon as possible once details are released.

Further information on these Provincial Health Orders can be found here [on the B.C. Government's Website](#).