



## News Release

### New Helmet Requirements for Ages 12 and Under

Sechelt, BC – December 23, 2021 – Starting January 1, 2022, all children aged 12 and under will be required to wear a helmet when taking part in ice activities at SCRD facilities.

This policy has been put in place to increase safety and to prevent the potential for concussions and other serious injuries for young people taking part in ice activities. These activities include SCRD public skating and SCRD run specialty skating sessions or skating programs. The helmet requirement is common policy in many other jurisdictions.

The helmet requirement also extends to children who are in a stroller or wagon. The adult accompanying children in strollers or wagons must ensure they are safely secured and wearing a helmet.

The following is an approved list of helmets:

- CSA-certified hockey helmets
  - CCM
  - Bauer
  - Itech
  - Nike
- Snowboarding helmets
- Skateboard helmets
- Pro-Tec Full Cut Certified Skate helmet

**Please note that bicycle helmets are not considered to be approved helmets.**

The SCRD highly recommends that all ice users wear a helmet when on the ice.

– 30 –

**Media contact:**

Aidan Buckley  
Manager, Communications and Engagement  
Sunshine Coast Regional District  
Phone: 604-885-6800  
[aidan.buckley@scrd.ca](mailto:aidan.buckley@scrd.ca)