

## MYPASS Membership

Valid at all 5 Recreation facilities.

Includes MYPASS Drop In Fitness (Aquafit and Dry Land), Public Skate, Public Swim, Weight room, Raquetball and Squash courts.

Adult (19-59)	\$51.25 per month (min. 3 month commitment) 10 Visit \$63.00 Drop In \$7.00
Senior (60+)	\$43.75 per month (min. 3 month commitment) 10 Visit \$54.00 Drop In \$6.00
Child/Youth (18 yrs and younger)	\$99/*39 for 12 months 10 Visit \$47.25 (youth) Drop In \$5.25 (13-18yrs) 10 Visit \$38.25 (child) Drop In \$4.25 (1-12yrs)

\*If parent/guardian in same household has a valid MYPASS

## Pender Harbour Swim and Gym Membership

Valid only at the Pender Harbour Aquatic and Fitness Centre.

Includes swimming and gym use, **does not include** MYPASS drop in fitness.

Adult (19-59)	\$41.70/month (min. 3 month commitment) 10 Visit \$49.50 Drop In \$5.50
Senior (60+)	\$37.90/month (min. 3 month commitment) 10 visit \$45.00 Drop In \$5.00
Child (1-12)	10 visit \$33.75 Drop In \$3.75
Youth (13-18)	10 visit \$40.50 Drop In \$4.50
Family (up to 6 family Members, min. 1 adult, max 2)	10 visit \$90.00 Drop In \$10.00
Parent and Preschooler	10 visit \$58.50 Drop In \$6.50

**Low Cost Activities** \$2 Toonie Tuesday 5-8:30pm \$5 Family Sunday 1-4pm



# Pender Harbour Aquatic and Fitness Centre



## Facility Spring Schedule: Effective April 1-June 30, 2018

For more information:

Phone: 604-885-6866 Email: phaquatic@scrd.ca

For all Registered Programs:

Winter/Spring Recreation Guide

[www.scrd.ca/recreation](http://www.scrd.ca/recreation)

**13639 Sunshine Coast Highway, Madeira Park, BC**

**Located on the lower level of the  
PH Secondary School.**



### Facility Spring Schedule: Effective April 1-June 30, 2018.

The facility features a 20- metre lap pool, hot tub, sauna, gym and weight room.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Facility opens at 1pm	7:30-9am Lengths *Hot tub & sauna only 9-10am	7:30-1pm Everyone Welcome Lengths & Public	7:30-9am Lengths *Hot tub & sauna only 9-10am	7:30-1pm Everyone Welcome Lengths & Public	7:30-9am Lengths *Hot tub & sauna only 9-10am	Facility opens at 10am
	10-10:45am 1 lane available Lengths		10-10:45am 1 lane available		10-10:45am 1 lane available Lengths	10am-1pm Everyone Welcome Lengths & Public (Closed Saturdays beginning May 19)
	11am-1pm Everyone Welcome Lengths & Public		11am-1pm Everyone Welcome Lengths & Public		11am-1pm Everyone Welcome Lengths & Public	
1-4pm Everyone Welcome Lengths & Public	1-5pm Closed	1-5pm Closed	1-5pm Closed	1-5pm Closed	1-5pm Closed	Facility closed at 1pm
Facility closed at 4pm	5-8:30pm Everyone Welcome Lengths & Public	5-8:30pm Everyone Welcome Lengths & Public	**5-8:30pm Everyone Welcome Lengths & Public	5-8:30pm Everyone Welcome Lengths & Public	5-8:30pm Everyone Welcome Lengths & Public (Closed Friday evenings beginning May 25)	

\*There are no lanes or public swim available during the Monday, Wednesday or Friday morning 9am Aquafit program.

\*\*Hot tub & sauna available at 5, swim lanes available 5:30pm.

**Weight Room/Gym Hours:** Monday – Friday 7:30am-1:00pm and 5:00pm-8:30 pm Saturday 10:00am-1:00 pm Sunday 1:00 pm -4:00 pm.

Please Note: Weight room will be closed Saturdays beginning May 19 and Friday evenings beginning May 25.

### MYPASS Spring Schedule: Effective April 1-June 30, 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dry Land/Gym Fitness		7:30-8:15am <b>HIIT</b>	9:15-10:45 am <b>Hatha Yoga</b> April 12-June 27	7:30-8:15am <b>HIIT</b>	9:15-10:45am <b>Hatha Yoga</b> March 16- June 8
		9:30-10:30am <b>Total Body &amp; Core</b>		9:30-10:30am <b>Total Body &amp; Core</b>	
	5:30-6:30pm <b>Total Body &amp; Core</b>		5:30-6:30pm <b>Total Body &amp; Core</b>		
	6:30-7:15 pm <b>Walk 15</b> Ends June 11			6:30-7:15 pm <b>Walk 15</b> Ends June 14	
Aquafit/Pool Fitness	*9-9:50am <b>Aquafit</b>		*9-9:50am <b>Aquafit</b>		*9-9:50am <b>Aquafit</b>
	10-10:45am <b>Gentle Waves</b>		10-10:45am <b>Aquafit Shallow</b>	6:30-7:15 pm <b>H2O Turbo Boot Camp/Deep Water Running</b>	10-10:45am <b>Gentle Waves</b>